## Separation Anxiety in Dogs and Cats in a Post-Covid World

Dr. Amy Pike reviews diagnosis and treatment of separation anxiety in dogs and cats.

## **Speaker Bio:**

Amy Pike, DVM, DACVB, IAABC-CABC graduated from Colorado State University in 2003 and was commissioned as a Captain in the US Army. There, her experiences with Military Working Dogs lead to her interest in veterinary behavior. After leaving active duty, she continued her work with military working dogs as a civilian at Joint Base Andrews near Washington, D.C. She completed her residency at Veterinary Behavior Consultations under the mentorship of Dr. Debra Horwitz. In October 2015, she became one of fewer than 70 Boarded Veterinary Behaviorists in all of North America. She is now the owner of Animal Behavior Wellness Center in Fairfax, VA where she treats patients with behavioral problems ranging from mild to severe.

## **Learning Objectives:**

- 1. Understand how to diagnose separation anxiety in a clinical setting
- 2. Understand how to treat separation anxiety in their patients- practical tools and tips
- 3. Looking towards a post-COVID world, understand what we can do now to get ahead of these issues.

## Agenda:

- Presenting complaints (overt, covert, and mistaken separation anxiety in dogs and cats)
- Diagnosing separation anxiety
  - Common comorbidities
- Treatment
  - Management
  - o Behavior modification
  - Medications and products
- Post- COVID world- separation anxiety surge?